



A publication of the Rotary Club of Kampala North

Kampala North News

ISSUE 03 | NOVEMBER 2023

Rotary Singing and Dancing 2023



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We fellowship every Monday at Protea Hotel, Kampala starting at 6PM.



 **99TH
DISTRICT
CONFERENCE**
KEEPING HOPE ALIVE

SAVE THE DATE

VENUE
**MUNYONVO
SPEKE RESORT**

DATE
**18-20
APRIL 2024**

REGULAR REGISTRATION
FOR ROTARIANS | FOR ROTARACTORS
\$250 | \$150
DEADLINE: 28TH FEB 2024

LATE REGISTRATION
FOR ROTARIANS | FOR ROTARACTORS
\$300 | \$200
DEADLINE: 15TH MAR 2024



EARLY BIRD REGISTRATION
FOR ROTARIANS | FOR ROTARACTORS
\$200 | \$120
DEADLINE: 31ST DEC 2023





President's Message for the Month of November

The Singing and Dancing competition was relaunched this month after a three-year absence on our calendar. The 2023 Singing and Dancing Competition edition was a joint initiative of the Rotary Club of Kampala North, Rotary Club of Kampala South, and the Rotaract Club North Musical. The event took place at the Kampala Parents School auditorium on Saturday, 11th November 2023, and attracted a large and enthusiastic audience of 428 Rotary and Non-Rotary guests. Nine Rotary and Rotaract clubs participated in the competition, displaying their musical skills and creativity. The judges declared the Rotary Club of Kampala Maisha and Rotaract Club of Nangabo as the winners of the competition. We appreciate the support and attendance of all the members and their families who made this event a success.

Back home, the RCKN Temptors, rehearsed at Sycamore International School for this year's competition. We are grateful to PP Jayne Nakato for letting us use her school facilities again. Special thanks to go out to all the members who supported the Temptor's practice sessions as well as the acquisition of the splendid costumes used during

the performance. The event was sponsored by NSSF, LDC, UCAA and Owerisa Homes. So far, PP Herbert Muhumuza has been the top seller of tickets for the 2023 edition, raising UGX 950,000. We thank him for all his efforts on the clubs behalf. If you have not already done so, please return the money for the ticket booklets to our Club Administrator before the end of November 2023.

As a club, we have set a goal of donating USD 40,000 to the Rotary Foundation (TRF) this year, of which USD 38,000 will go to the annual fund and USD 2,000 will support the fight against Polio. This is a noble cause that reflects our commitment to service and humanity. However, we have only contributed and transferred USD 5,450 to TRF so far, which is far below our target. We urge all members who have made TRF pledges to honor them as soon as possible, so that we can receive some recognition from the district and the Rotary International. We also encourage those who have not yet contributed or pledged to do so generously, as every dollar counts towards making a difference in the world.

The club had two site visits in November—to the Sam Owori

Rotary Vijana Poa village in Busunju and Namalemba Health Centre. The Busunju project requires more funds to secure the carpentry workshop and install the equipment from the global grant by TRF. If you have not contributed to this particular project, I encourage you to do so through the project's fundraising chair PDG Bob.

Our elections for the next President for Rotary Year 2025/26 and Board for 2024/25 will take place on December 4th. This is a great opportunity for you to exercise your democratic right and have a say in the future direction of our club. You can cast your vote either in person at Protea Hotel or online, whichever is more convenient for you.

Finally, I also want to remind you that our last Fellowship for 2023 will be on the 18th December 2023. It will be a special occasion to celebrate the festive season with our Rotary family and friends. The programme committee has prepared a fun-filled agenda for the day, so don't miss it. We will resume our regular fellowships in 2024 on 8th January 2024.

Ibrahim Kasirye,
President RCKN 2023/2024



The Road To Peace

RI President Message - November 2023

This month, Rotary takes a step toward supporting peacebuilding in the Middle East and North Africa region.

In November, Rotary and District 2420 are hosting a signing ceremony for our newest peace center in partnership with Bahçeşehir University in Istanbul.

The ceremony is the first in a series of events recognizing the new center at BAU and Rotary's work to promote peace. The 2024 Rotary International Convention in May will mark 25 years since the first Rotary Peace Centers were announced – coincidentally at the Rotary Convention in Singapore in 1999. Recruitment for the first cohort of Rotary Peace Fellows at BAU also starts in 2024, and selected candidates will begin their program in early 2025.

Since its beginning, the peace centres program has prepared more than 1,700 peace fellows working in more than 140 countries to create a more peaceful world. That is certainly worth celebrating, but Rotary Peace Fellows are more than statistics on a page. Their actions have helped Create Hope in the World and will continue to do so.

For example, Jennifer Montgomery and Gorett Komurembe – peace fellows from the program at Makerere University in Uganda – are co-founders of Magenta Girls Initiative. The international nongovernmental organization equips Ugandan girls and young women with the support and tools to overcome harmful gender norms, generational poverty, gender-based violence, trafficking, and trauma.

Ndzi Divine Njamsi, another peace fellow who studied at Makerere, has taken lessons learned about Positive Peace and is sharing them with students of his own in Cameroon. He became interested in the Rotary Positive Peace Activator training program after witnessing extremism, online hate speech, and violence in Cameroon. Since completing the program, he has brought his lessons on peace to students at the Yaoundé International Business School and other organizations in the Central Africa country.

The world needs more people like the graduates of the program at Makerere and our other peace fellows. To that end, we can all

advance peace by encouraging our local peacebuilders to learn more about Rotary and apply for this impactful fellowship. Rotary members can also mentor candidates for the fellowship. Or you can work with peace fellows who have already graduated. They probably have an initiative or two that would benefit from your help.

Our peace centers in North America, Europe, Africa, Australia, and Asia depend on financial support as well. The program at BAU was made possible thanks to a generous gift of \$15.5 million to The Rotary Foundation from the Otto and Fran Walter Foundation.

This new Rotary Peace Center will offer a one-year professional development certificate in peace and development studies for fellows focusing on peacebuilding within the Middle East and North Africa region. Peace must be waged persistently; it is the soil where hope takes root. But as with any journey, we take one step at a time. Let's take those steps together.

R. GORDON R. MCINALLY
President, Rotary International



Welcome to **An Exciting November** District Governor's Message - November 2023

Dear Friends,

This month, our Rotary International president reminds us to support and celebrate our peace centres. Promoting peace is one of our main goals. We're encouraged to have conversations that help us understand each other better, so we can all live in peace.

We attended the African peace concert, which was a big success. However, we also said goodbye to a wonderful man, Rotarian and service leader, Past District Governor Henry Kyemba. He lived a very good life.

Rotarians, peace centres are very important for making people understand each other worldwide and for solving conflicts peacefully. They're a big part of Rotary's promise to work towards peace. These centres provide special training and education to people who want to make positive changes in their communities and around the world.

For us, having peace centres, especially the one at Makerere

University in our own country, is something to be really proud of. It shows Rotary Uganda's commitment to making the world more peaceful. These centres offer custom-made courses to train people who want to build peace and resolve conflicts. To me, peace is something we all need to work for. Without it, there won't be progress or freedom.

I've been visiting your clubs and having a great time serving alongside you. With 37 clubs left to visit, I'm confident we'll reach our goals soon. The donations, though a bit slow, are coming in, and our numbers are growing. We all know that the more, the merrier. When you give, and keep giving, we bring hope into the world, just like our theme for this year.

During the World Polio Day celebrations at Kitante Primary School, you showed up in large numbers and demonstrated your strong support for the cause. That commitment is what keeps us going in our mission. We will definitely kick polio out of the world. I encourage

you all to join the Polio Plus Society so that together, we can work towards eradicating polio from the face of the earth and have a healthy population.

November is looking busy and exciting already, with the TRF Dinner and awards set for November 25, 2023, at Kabira Country Club. We'll be recognizing and honouring individuals and clubs that have given more than others. I urge my HCP presidents to send in their contributions in these remaining days so they can be part of the competition.

Our first 120 days of work have shown great progress, and I am and will continue to be proud to be your District Governor. I want to thank all my assistant governors, the HCP presidents, and of course, my very capable secretariat. We have quite a journey ahead of us.

Let's roll up our sleeves. There's more ahead for us to do and receive.

Yours in Rotary
Edward Kakembo Nsubuga
District Governor 9213



Making Dreams Come True: From Kampala's Settlements to Global Impact

While visiting a settlement in Kampala with my peace fellow colleagues during my 2021 fellowship at the Rotary Peace Center at Makerere University, I met some women who worked in a brothel. I listened to their stories about life in extreme poverty, their challenges in staying safe and healthy, and their hopes and dreams for themselves and their children. I felt like these women deserved a chance at life, so I responded when they asked for my help by focusing my social change initiative on determining the key drivers of Gender Based Violence (GBV) in their community.

Many of the women didn't have the money to get an education or skills training and being idle in their community made them a target for violence. I knew education and skills were important but first we needed to address the trauma many of them had from a lifetime of sexual violence and build resilience and community. For my initiative, I used my skills as a visual artist to help 70 women, who faced sexual violence, human trafficking, food insecurity, disease, and unsafe housing, build resilience through mindfulness, expressive arts, and leadership training.

What began as my social change initiative, a required component of my Rotary Peace Centers certificate program, has become Magenta Girls Initiative (MGI), a women-led nongovernmental

organization. Established in 2021 and registered as a nonprofit in the United States in 2022, I founded MGI with three Ugandan women to advance educational and economic opportunities for at-risk girls and women around the world.

Because of my experience as a peace fellow at Makerere, I met others who also had a strong commitment to social change. One of those people was Gorett Komurembe. When we met, we realized a shared passion for equipping girls and young women with the support and tools needed to overcome harmful gender norms, generational poverty, GBV and the trauma that follows.

Gorett and I have served as directors of programs that work to safeguard at-risk women and girls. My focus has been on anti-human trafficking policy for the Kansas attorney general's office in the United States, and Gorett promotes gender equality in Uganda with the Coalition for Action on 1325 under the United Nations Women, Peace, and Security agenda. With our combined experience of more than twenty-five years of creating and implementing effective interventions for vulnerable girls and women around the globe we know how to design and execute effective projects.

Thanks to the Peace Center's commitment to community engagement, we met two exceptional women Rotarians from Kampala

who shared our enthusiasm and dream of empowering young women to transcend significant situational barriers to education, self-actualization, and well-being. These women are co-founders, board members and advisors for MGI.

Each one of our four founders overcame the odds baked into their life circumstances to successfully complete impressive post-graduate degrees and rise to the level of experts in their combined fields of gender, education, public policy and communications. We are recognized leaders in the social impact field and purposefully determined to offer a hand up to the most vulnerable women and girls living in urban slums, refugee camps, villages, and other marginalized communities.

By giving girls and women equal access to job skills and emotional and physical security means they can have individual peace and become peacemakers in their communities. Because of the generosity of Rotary members in the United States, our first group of 10 women completed vocational training in May.

We are currently working on a collaborative global grant with a local Kampala Rotary club and a U.S.-based partner that will skill 70 more women from the settlement area and enable MGI to enhance its programming and community outreach. The grant project creates a crisis response

system in the settlement, as well as GBV prevention and response training for local leaders and Rotarians. It has been great to partner with Rotary and Rotary members through this collaborative effort.

We are hopeful that with more support, MGI can recruit full-time staff to build a trauma-informed education institute in Uganda,

conduct personal outreach to girls who are not attending school, hire and train vocational skills teachers, and reach other vulnerable African communities. Our goal is to create a thriving community of girls in education and young women getting skills, who have a holistic way to heal, learn, and work for a better future.

We want to help them achieve self-

sufficiency so they can break the generational cycle of poverty for themselves and their children, and their children's children. For more information about Magenta Girls Initiative (MGI), please visit: www.magentagirlsinitiative.org.

By Jennifer Montgomery

Rotary Peace Fellow 2021



The Peace Centre Effect- I Have A Renewed Covenant With Myself

Being selected to attend the Rotary Peace Center at Makerere University was a significant milestone in my journey. The 'Rotary effect' was evident inside of me, from the moment I arrived at Entebbe International Airport, greeted by a warm and gracious host who had reached out well before my travel. Stepping into the Makerere Peace Center felt like coming home, a sense of belonging to the Rotary Peace fellows' family.

The Peace Fellowship program offered a rich blend of on-site and off-site classwork, fieldwork, cultural events, and site visits, creating a safe haven for us, far from our homes. During this period, I not only honed my professional skills but also expanded my understanding of how peace models can be applied, not just in my work, but in my personal life as well. Designing and implementing my social change initiative, under the guidance of mentors at the Peace Centre, provided invaluable experience, especially when working with minimal resources.

The Peace Centre places a strong emphasis on inclusive community engagement, partnering with various organizations (government, development, and private sector) in the delivery of the peace fellowship. This approach encourages peace fellows to collaborate with target communities in designing peace initiatives. I learned firsthand that by engaging with communities, trust is built, valuable information is gathered, and a protective environment is established, ultimately enhancing the peacebuilding process.

Armed with a 'toolbox' of transformative pedagogy, I feel equipped to foster positive peace and resilience building. The 'Africa Peace Concert' stands as a powerful platform to amplify the voices advocating for a peaceful, just, and sustainable Africa, and indeed, the entire world. It underscores the need for structural, systemic, attitudinal, and behavioural changes that promote peace and social cohesion in our daily lives. The concert also

serves as an opportunity to mobilize resources for peace fellows to implement their social change initiatives worldwide.

Through my social change initiative, I experienced a profound transformation of heart and soul, becoming a steadfast advocate for peace. This endeavour has opened doors for networking and collaboration with various peacebuilding actors. Today, I not only wear the badge of a peace fellow but also proudly carry the title of a peace ambassador, an East Africa peace activator, and the organizing secretary for the Rotary Peace Fellows Association in Kenya, among other pivotal roles in peacebuilding. I am committed to championing the integration of Positive Peace in achieving internal peace and contributing to SDG 16. Every time I apply the peace-building skills I acquired from the peace fellowship to transform communities, I find profound joy and fulfillment."

By: Arinolah E-N Omollo
Peace ambassador

Why am I a Rotarian

What keeps Rotary the place to be?

I have been an active Rotarian since December 2001. Past Governor Tusubira was the one who introduced me to the club. Our collaboration in the ICT mission at Makerere University - him as an Academic and I as an Administrator - solidified our bond. I first saw Tusubira's unwavering commitment to Rotary during a memorable incident at Basic Hotel in Uppsala, Sweden in early 2001. While enjoying breakfast with our colleague Dr. Nora Mulira, an unfamiliar song played from an adjacent room, prompting Tusu to abruptly leave the table and rush in. He returned a few minutes later, expressing disappointment that "they" were closing, referring to the Rotary club.

A few years prior, my wife and I were invited to an engaging party hosted by the Rotary Club of Port Bell, sparking our interest in joining. Discovering Tusubira's affiliation with Rotary, I urged him to extend an invitation, which he promptly did. Although my wife attended a few times, the demands of her work, often taking her out of town for extended periods coupled with the financial implications of membership led to her discontinuing her involvement.

Joining the club, I was pleased to encounter familiar faces like PP Dr. Abel Rwendeire (RIP), whom I had known for years, now serving as President. Other acquaintances from my university days included PP Abel Katahweire, PP Frank Mwesigye, PP Vincent Kasangaki, Michael Akampurira, PDG John Magezi Ndamira, PDG Bob Wagwa, PP Cissy, Club Secretary Irene, and several others. Soon after, my close associate Eric Byarugaba, akin to a brother, began visiting the club shortly before our joint induction.

The induction, presided by PDG Nelson Kawalya, whom I had served

with on the School Management Committee of Kampala School for the Physically Handicapped (where I currently serve as Chairman), instilled a strong sense of belonging and a drive to contribute. Accompanying Tusubira on visits to various club projects heightened my motivation. Despite a packed schedule, I made time to explore projects in Bwaise, Kawempe, Mpererwe, and beyond. The club foot project in Mpererwe particularly raised my interest. After each visit, I meticulously documented detailed reports akin to academic essays. In one report, I emphatically recognised the Engineers in the club unknowing that there was some dissent among members who felt Engineers were dominating the club activities. This recognition faced opposition, but I stood by acknowledging the Engineers' commendable work.

At my induction, attended by my wife Martha and some of our children, PDG Nelson praised me and humorously asked my wife if she would support my financial contributions to the club, to which she willingly nodded. My active involvement was



recognised when, by the time PP Abel Rwendeire handed over the club to PP Engineer Patrick Batumbya, I received recognition as the most active new Rotarian. This recognition spurred me on. When PP Roger was about to assume the presidency, he contemplated appointing me as Secretary, citing my seniority in Rotary. He responded with awe when I reminded him that my tenure in the club was relatively short.

Later, a career move took me to Nairobi, where I joined the Rotary Club of Westlands where I was for three and a half years. Later fate brought me to Busitema University where I held the pioneering role of University Secretary and joined the Rotary Club of Tororo. After five years, I reinstated my membership at my initial club.

Compelling reasons that have sustained my active involvement as a Rotarian.

Foremost, Rotary has provided me with avenues to engage in community service, both locally and internationally. The opportunity to

make a positive impact on society and contribute to meaningful projects has been a significant motivational factor. Being able to partake in various service initiatives has been deeply fulfilling.

Moreover, the platform for networking within Rotary has been invaluable. Building relationships with like-minded individuals from diverse professional backgrounds has not only enriched my personal connections but has also fostered a sense of belonging and community within the organisation.

Rotary has been instrumental in my personal and professional growth by offering opportunities to develop leadership skills. Holding various leadership roles within the different clubs has contributed to my growth and enhanced my skills significantly.

As a global organisation, Rotary has provided me with an extensive network across numerous countries. This global presence has allowed for cultural exchange, exposure to international projects, and a broader perspective on global issues. I vividly remember my experience visiting

a club in Tsukuba, Japan (2004), where I was warmly welcomed and encountered the beauty of the Four-Way Test and the Object of Rotary being sung in melodious tunes and in Japanese language.

The emphasis on ethical behaviour and the values upheld by Rotary, especially through the Rotary Four-Way Test, aligns with my personal values. It is the commitment to these ethical guidelines that has further strengthened my affinity for Rotary.

Rotary's environment has also been a space for continuous learning. Engaging with informative speakers, discussions on diverse topics, and exposure to new ideas have been instrumental in broadening my intellectual horizons.

Beyond involvement in service projects, Rotary has significantly expanded my network, linking me with individuals across the USA, Kenya, the Netherlands, and beyond. A memorable encounter in Bend City (2019) emphasized the expansive reach of the organization. During this event, a chance meeting led to a delightful revelation: an acquaintance

in the Rotary International Committee expressed gratitude for my substantial participation. Additionally, he shared that he served alongside a fellow Ugandan on one of the committees, a realization that this individual was, in fact, Tusu.

Additionally, the supportive environment within Rotary has opened for me deep and lasting friendships, both locally and internationally. These relationships have been a source of immense support and encouragement.

Participating in impactful community service projects, most recent of which is the notable Bududa Adopt a Community Project in Uganda, has given me a renewed perspective on what is achievable. The tangible changes and improvements in these communities have been deeply motivating, driving my continued commitment to Rotary and its overarching mission.

By Rotarian Maurice A Muhwezi-Murari

November Celebrations

Rtn. Rose Nakasi Kiire	4 th November	Birthday
Rtn. Natalie Kimbugwe	8 th November	Birthday
Rtn. Eve Kasirye-Alemu	10 th November	Birthday
Andy Jmmy Ebong	11 th November	Birthday
Rtn. Petwa Rwomushoro	13 th November	Birthday
Rtn. Fred Luzinda	19 th November	Birthday
Ann Dianah Selwadda	22 th November	Birthday
Ann Catherine Ssebukulu	25 th November	Birthday
Andy Mohammed Baagalaaliwo	26 th November	Birthday
Ann Grace Nsubuga (Kizito)	28 th November	Birthday
Ann Josephine Sajjabi	28 th November	Birthday
Rtn. Juliet Rwatooro	28 th November	Birthday

Independence Day Prayer For Uganda

....And He has made from one blood, every nation of men to dwell on all the face of the earth, and has determined their preappointed times and the boundaries of their dwellings so that they should seek the Lord ...and find Him ...for in Him we live and move and have our being ...Acts 17: 26-28_

Thank you Lord for creating Uganda 61 years ago
You know our times and boundaries
From Moroto to Kisoro
From Malaba to Kasese
From Masaka to Moyo
From Kalangala to Kaabong

We pray for the prosperity of this nation
So that we might also prosper (Jer. 29:7)

We decree and declare
That we are a rich nation
That we are corruption free
That we are a God fearing Christian Nation
That ours is the God of Abraham, Isaac and Jacob
That we are a united people
That we are a chosen people
That we are a blessed Nation (Ps. 33:12)

Our EDUCATION is blessed
Our HEALTH SERVICE is blessed
Our HOMES are blessed
Our FAMILIES are blessed
Our WOMBS are blessed
Our PRESIDENT is blessed
Our MINISTERS are blessed
Our JUDICIARY is blessed
Our PRISON SERVICE is blessed
Our PUBLIC SERVICE is blessed
Our BUSINESSES are blessed
Our CHURCHES are blessed

From the depths of Lake Victoria to the snow capped peaks of the

Rwenzoris-
WE ARE BLESSED
From the Prisons of Luzira to the cushioned seats of State house Entebbe
WE ARE BLESSED
From the thick forests of Mabira to the graceful grasslands of Amuru
WE ARE BLESSED

And because we are blessed
We will honour you with our copper from Kasese
We will tithe of our oil from Bunyoro
We will give of our gold from Karamoja
We will bless nations with our iron from Kisoro
We will welcome the stranger and the refugee
We will treasure our Gorillas and our long horned cattle
We will protect the Nile and the Kyoga

We shall grumble No more
We shall moan no more
WE SHALL DO OUR PART
We shall stand in the gap
We shall re-build the walls of hope
We shall take care of the orphan and the widow
We shall plant more trees
We shall help the needy
We shall stand for righteousness
We shall stand for justice
We shall stand for fairness
WE shall stand for peace

And we will see the goodness of the Lord
In our lifetime
WE will see our nation prosper
In our life time
And even if it doesn't happen in our lifetime
Your word O Lord remains true
We shall now bow to despair, hopelessness of faithlessness



YOU REMAIN our God
You speak your word to fulfil it
And we shall praise you

WE praise you with the Larakaraka
WE praise you with the Runyeye
WE praise you with the Amagunju
We praise you with the Ekitaguriro

WE shout and praise you with our calabashes
With our Ngalabi
Our tube fiddles
Our thumb pianos
Our xylophones
Our everything
WE shall stamp our feet like the Bakiga
WE shall shake our heads like the Acholi
WE shall swing our waists like the Baganda
WE shall twist our hips like the Basoga
And shout out with our Vuvuzelas

Your you are our God
The God of UGANDA
The Apple of your eye
The pearl of Africa
Nay
The Pearl of the World

Oh Uganda
May God Uphold thee
Amen

D.R. Ruhweza
October 9, 2023

Preparing your children for their future

(Continued from the previous KNN)



Will YOUR children be ready for these opportunities? We need to focus on permitting and enabling our children to get used to the realities of their generation at the earliest possible stage – supervised exposure when they are still toddlers (at which time their brains will be developing very fast) combined with the kind of multi-dimensional exposure that enables their brains to grow to their fullest potential; creating educational environments that focus on cognitive skills, encouraging and permitting children to think, question, look for answers, explore, innovate, do things, and make things at the earliest ages; creating awareness among children about continuous change and the need to adapt all the time; ensuring that our children are well grounded in Internet Literacy; and ensuring that the children have value systems whose “why” they fully understand and which will therefore become their rudder in future life, regardless of circumstances.

Knowledge is a multi-faceted continuum: Real understanding requires that one looks at everything from different perspectives – and yet we treat languages, physics, religious studies, chemistry, philosophy, mathematics, music, fine art, biology, literature, psychology, etc., as if they are all distinct from each other instead of all being elements of the

whole. We even mould it in the in the minds of our children: “Are you doing Arts or Sciences?” We offer our children mono-perspective views of knowledge in school and discussions: they compartmentalize knowledge. They perform brilliantly in examinations in each compartment, but they cannot integrate across the whole.

When the young people get out into their world, many start discovering that they are not equipped to live. Others continue with further studies and get a specialist Doctor of Philosophy, the PhD – forgetting that Philosophy in this context used to have the old Greek sense, meaning “love of wisdom”. How can you have a love of wisdom when you, at the lower conceptual level as the same individual, compartmentalized learning, rejecting major chunks of it as irrelevant?

The same beauty that exists in a piece of music or a work of art or poetry or literature exists in the elegant solution of an abstract mathematical or physics problem. They all exist in the same realm. The genome is a great work of art. It takes a psychologist to decipher what is going on in that most complex of the biological parts – the brain. It takes an understanding of what drives people to see the linkage between invention and mass markets,

or more generally, to recognise business or social opportunity. It takes strong moral principles, derived from religion, philosophy, and culture – call it what you will – to apply scientific discoveries for constructive rather than destructive or exploitative use in society.

We need to rethink our education. Specialisation has been glorified, making the mind focus on one area of knowledge to the exclusion of all other areas in the mistaken search for expertise. Like food to the body, one’s intellectual faculties need a balanced diet. To do otherwise is to ensure intellectual kwashiorkor – a swollen intellect full of nothing.

Let us stop wondering why our children get first class degrees in the best universities and then become failures in life: we have denied them a real education, an education that accepts the totality of knowledge and then contextualizes it within the challenges, demands, and opportunities of life. Our children have the right to “a proper educational diet” in the true sense of the phrase. It is our collective responsibility to ensure that this happens.

Tusu

This is a shortened version of what is published in “Reflections on Life”, available in Aristoc outlets.



Rotary Singing and Dancing 2023 Highlights

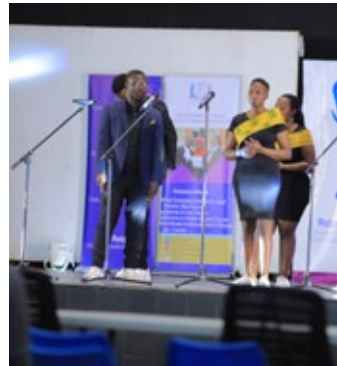
The Annual Rotary Singing and Dancing Competition is a signature Rotary activity that aims at raising funds for deserving causes of participating Rotary and Rotaract Clubs.

The 10Th Edition was jointly organized by the Rotary Club of Kampala North, The Rotary Club of Kampala South, and the Rotaract Kampala North Musical under

the theme: Offering communities another chance and inspiring futures.

In the spotlight and owning it!

The Rotary Kampala Maisha emerged as winners from the Rotary side and Rotaract Nangambo emerged as winners from the Rotaract Side each taking a grand prize of 2.5 Million Uganda Shillings.





Rotary Singing and Dancing 2023 Highlights

The Rotary Club of Kampala North was well represented at the The 3rd Edition Africa Peace Concert organised by the Rotary Foundation with an objective of raising funds for the Peace Centres in Africa on 3rd November 2023 at Speke Resort - Munyonyo.





Leveraging X to Enhance Your Personal Brand



Curate and share content that aligns with your personal brand. Whether its articles, blog posts, or multimedia content, consistently sharing valuable information reinforces your expertise and keeps your audience engaged.

In the age of digital connectivity, social media platforms have become powerful tools for shaping personal brands. Among these, X stands out as a dynamic platform where brevity meets impact. With its 280-character limit per tweet, X challenges users to convey their message concisely, making it an ideal platform for individuals looking to enhance their personal brand.

Building a Professional Identity:

X serves as a virtual business card, allowing you to showcase your professional expertise and interests. Craft a compelling bio that succinctly highlights your skills and passions. Regularly share insights, industry news, and professional achievements to establish yourself as a thought leader in your field. Use relevant hashtags to join conversations and increase the discoverability of your tweets.

Networking Opportunities:

X provides a unique space to connect with professionals, influencers, and like-minded individuals. Follow key figures in your industry, participate

in X chats, and engage with trending topics. By actively participating in conversations, you not only expand your network but also position yourself as an active and engaged member of your professional community.

Showcasing Your Personality:

Beyond professional achievements, X allows you to showcase your personality and interests. Share personal anecdotes, hobbies, and opinions (respectfully) to humanize your brand. People connect with authenticity, and by presenting a well-rounded version of yourself, you create a more relatable and memorable personal brand.

Content Curation and Sharing:

Curate and share content that aligns with your personal brand. Whether its articles, blog posts, or multimedia content, consistently sharing valuable information reinforces your expertise and keeps your audience engaged. Add your insights to shared content to demonstrate your unique perspective.

Visual Branding: Enhance your personal brand visually by using a professional and recognizable profile picture, a visually appealing header image, and a consistent color scheme. Visual elements contribute to the overall perception of your brand and make your profile more visually appealing.

In conclusion, X is a potent tool for refining and amplifying your personal brand. By strategically crafting your profile, engaging with your audience, and sharing valuable content, you can leverage X to establish a strong and influential online presence that aligns with your personal and professional goals. Whether you're an entrepreneur, professional, or creative, X provides a platform to amplify your voice, connect with others, and ultimately advance your personal brand in the digital landscape.

Prepared by

@YouniSebagala

Digital marketing strategist.



SHARING HOPE WITH THE WORLD

SINGAPORE | 25-29 MAY 2024

When the Rotary family comes together for the 2024 Rotary International Convention in Singapore, we'll share ideas, friendship, inspiration, and hope — with each other and the world!

Register and pay by 15 December 2023 before prices increase.



Register today at
convention.rotary.org

