



**From The President's Office**

Welcome to our 6th Fellowship this Rotary Year!

On behalf of the RC Kampala North, I would once again like to take this opportunity to welcome back all those who escorted Ann Norah Owori and Family to Tororo where Rotary International President Elect Sam Frobisher Owori was laid to rest. May His Soul Rest in Eternal Peace!

We would also like to thank God for District Governors Bob Waggwa-Nsibirwa and Stephen Mwanje who survived an accident with minor injuries as they made their way to Tororo for burial.

Last Monday we had an All Monday Clubs Fellowship. Our gratitude goes to the Rotary Club of Munyonyo that hosted All Monday Clubs at a colourful fellowship. Thanks to all who joined us that day. I urge all members to take part in other clubs' activities, the year has only begun and let us be vigilant.

Today's Fellowship is very special, the Rotary Club of Kampala North is Celebrating 29 Years of Quality Service to Humanity. Congratulations to our Past Presidents (PPs) and the entire membership that has made the club what it is today. We appreciate our Past Presidents for sparing their time and fi-

nances to ensure this day happens. Our Past Presidents have led from the front by generously making fresh pledges / payments to the Rotary Foundation. We need to borrow a leaf. As members we still have a lot to do to impact our communities and less privileged to make the world a much better place to live in.

We need to ask ourselves: Have we contributed to the Rotary Foundation this rotary year? Have we of late invited a potential member to the club? Do we visit our own later on other clubs' projects? When did we last visit a Rotaract / Interact club? Or are we Rotarians in Name Only? (RINOs) Whatever your lot is, you need to do better.

August is Membership development and Extension month. I do not know how much RIPE Sam would have emphasized this because it was his passion. He was looking forward to strengthening growth, retention and extension as well as good governance including evaluations. We need to take on the challenge. During this month, we need to invite our friends and business associates to join our clubs. It is our responsibility to propose qualified new members. What a coincidence, as we celebrate our 29th Anniversary, August is a time to celebrate

the good we do in our communities and around the world. We need to Say it loud and say it proud to let everyone in our social network know that we are proud members because of our selfless service. We share a passion for service, regardless of religious or cultural beliefs and this diversity is part of our charm and formula for success. Let us go out and invite QUALITY members to our respective clubs and retain them.



**MISSING IN ACTION**

**Name:** Margaret Nakanjako Njeri

**Last seen:** Entebbe International Airport

**Destination:** Immigration Office not sure

**Areas suspected to be:** India, South Sudan, Atlanta, Syria or Kalerwe

Whoever knows her whereabouts should inform the nearest RCKN Member.



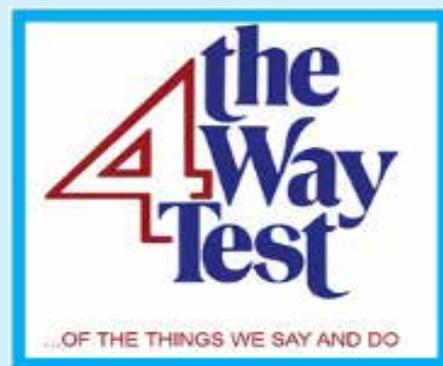
**ROTARY MOMENT:**

**Is it the TRUTH?**

More than 60 years ago, in the midst of the great depression, a United States Rotarian devised a simple, four-part ethical guideline that helped him rescue a beleaguered business. The statement and the principles it embodied also helped many others find their own ethical compass. Soon embraced and popularized by Rotary International, The Four-Way Test today stands as one of the organization's hallmarks.

In 1942, Richard Vernor of Chicago, then a director of Rotary International, suggested that Rotary adopt the Test. The R.I. board approved his proposal in January 1943 and made The Four-Way Test a component of the Vocational Service program, although today it is considered a vital element in all four Avenues of Service. It may very well be one of the most famous statements of our century.

IS IT THE TRUTH? There is timelessness in truth that is unchangeable. Truth cannot exist without justice.



# HAPPY BIRTHDAY JULY BABIES



Statistics have proven that those who have more birthdays live longer. At Kampala North we say happy birthday to the following July babies

NAME	DATE
Rtn Eric Byenkya	2 <sup>nd</sup> July
Ann Vicky Sendikwanawa	3 <sup>rd</sup> July
Rtn Sophie Kalema	3 <sup>rd</sup> July
Rtn Sophie Mwamula	5 <sup>th</sup> July
Rtn JamesBarahukwa	7 <sup>th</sup> July
Rtn Garvin Onaba	7 <sup>th</sup> July
Ann Lillian Kahandi	11 <sup>th</sup> July
Rtn Cissy Mugwanya	12 <sup>th</sup> July
Ann Rose Sendikaddiwa	13 <sup>th</sup> July
Ann Betty Kamugira	13 <sup>th</sup> July
Rtn Penny Mbabazi	14 <sup>th</sup> July
Rtn Charles Mwesige	15 <sup>th</sup> July
Ann Barbara Magezi	17 <sup>th</sup> July
Rtn Isaac Okullo	17 <sup>th</sup> July
Ann Emma Lugujjo	27 <sup>th</sup> July
Rtn Tinah Nakibuuka	27 <sup>th</sup> July
Rtn Frank Sebowa	27 <sup>th</sup> July
Ann Anne Katahoire	28 <sup>th</sup> July
Rtn William Byandusya	29 <sup>th</sup> July
Rtn Bernard Namanya	31 <sup>st</sup> July

“New love is the brightest, and long love is the greatest, but revived love is the tenderest thing known on earth” - Thomas Hardy

No relationship is all sunshine, but two people can share one

umbrella and survive the storm together. We celebrate our Rotarians and their Ann's that said 'I DO' in July and are still going strong. Happy anniversary

Rtn Johnie & Ann Faridah Mugisha	3 <sup>rd</sup> July
Rtn Simon Kintu & Ann Carol	21 <sup>st</sup> July
Rtn Frank Sebowa & Ann Enid	31 <sup>st</sup> July

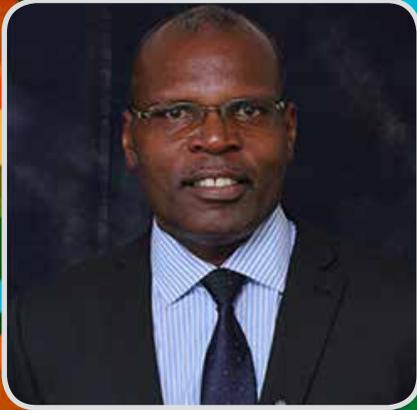
## PARTY CONTINUES WITH EARLY AUGUST BABIES

Last week saw Anne Faridah Mugisha (3<sup>rd</sup> August), Ann Martha Murali (4<sup>th</sup> August) and Rotarian Ibrahim Kasirye (6<sup>th</sup> August) celebrate another year in their lives. This week, we can't wait to party with the following Rotarians and Ann's'

NAME	DATE
Rtn Ephraim Kwizera	8 <sup>th</sup> August
Ann Philomera Rwabukuku	8 <sup>th</sup> August
Ann Dorothy Mwanje (PDG)	8 <sup>th</sup> August
Rtn Priscilla Nakiboneka	12 <sup>th</sup> August

As we make merry with our birthday celebrants we can't forget those celebrating their marriage anniversaries. At the end of the day, you can either focus on what is tearing you apart, or you can focus on what's keeping you together. We toast to a happy marriage to those celebrating their marriage anniversary this week

NAME	DATE
Rtn Jeff & Ann Lydia Sebuyira	8 <sup>th</sup> August
Rtn James & Ann Mary Barahukwa	10 <sup>th</sup> August



### **DID YOU KNOW?**

Thomas Edison, the inventor of the light bulb, was actually afraid of the dark.

### **TOTS OF WISDOM**

- There are 3 solutions to every problem: Accept it, Change it, Leave it. If you can't accept it, change it. If you can't change it, leave it.
- One of the greatest pieces of economic wisdom is to know what you do not know.

### **JUST ASKING**

- Why is it that most Senga's are women with experience in failed marriages?
- Why is quick sand one of the slowest things?

# KANGA

# PROVERBS



I was very excited in one of my visits to Tanzania when welcomed by my close friends. To my amazement one of them wore this beautiful kanga having the map of Africa and below the words “KARIBU MGENI” meaning WELCOME GUEST. “What does this mean?” I asked with interest.

I was told first of all that the map shows where Tanzania in green is located in Africa.

Secondly, this shows that the host in Tanzania was happy to welcome their guest (I of course) from the neighboring country as on the map.

Lastly, this kanga can be worn on special occasions especially when a guest is expected to symbolize their warm hospitality as Tanzanians and make their guest feel special.

Believe me, I felt special that day!

# ANNOUNCEMENTS

**Rotary CANCER RUN 2017**

**SUNDAY 27 AUGUST**

**KOLOLO CEREMONIAL GROUNDS 7:00AM**

**REGISTRATION FEE: 20,000/=**

**KEEP RUNNING**

**11<sup>TH</sup> INTAKE**

**EMPOWERING ROTARIANS WITH LEADERSHIP SKILLS & ROTARY KNOWLEDGE**

<b>CLASS 1</b> 30 <sup>TH</sup> SEPTEMBER 2017	<b>CLASS 2</b> 29 <sup>TH</sup> OCTOBER 2017	<b>CLASS 3</b> 18 <sup>TH</sup> NOVEMBER 2017
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@ PROTEA HOTEL KOLOLO, KAMPALA  
UGX 80,000 PER CLASS

For registration, contact:  
Atim Sharon - 0782 200992 / 0701 312305

For payments:  
MTN - 0788 461858 - SYLVIA NAKAJJUGO  
AIRTEL - 0701 312305 - ATIM ORACH

Rotaract Rotary Club Partner

Rotary Club of Kampala-Impala Invites you for fellowship with

Guest Speaker:  
**Mrs. Rose Micheal Milla**

**TOPIC:**  
Importance of Body PH balance in fighting diseases

Venue: Kati-Kati Restaurant  
Time: 1-2pm  
Date: Tuesday 8<sup>th</sup> August 2017

Rotary Club of Kampala-Impala @kla\_impala