Rotary Kampala North

ROTARY: MAKING A DIFFERENCE

Ninth Edition

Kampala North News

Aug. 28 2017 - Sep. 3 2017

From The President's Office

Welcome to the 9th Fellowship this Rotary Year!

Welcome back from the Cancer Run! Seeing very many Rotarians, Rotaractors, Interactors, Children, Friends and partners in service at the Cancer Run has so far been one of the highlights of the concluded week.

Everybody that was at the cancer run, those that did not make it but contributed something, and the sponsors of the event have made a huge impact on someone's life out there.

The fundraising drive was geared towards raising funds for the bunker that will house the (LINAC) Linear Accelerator equipment that is very critical in the treatment of Cancer.

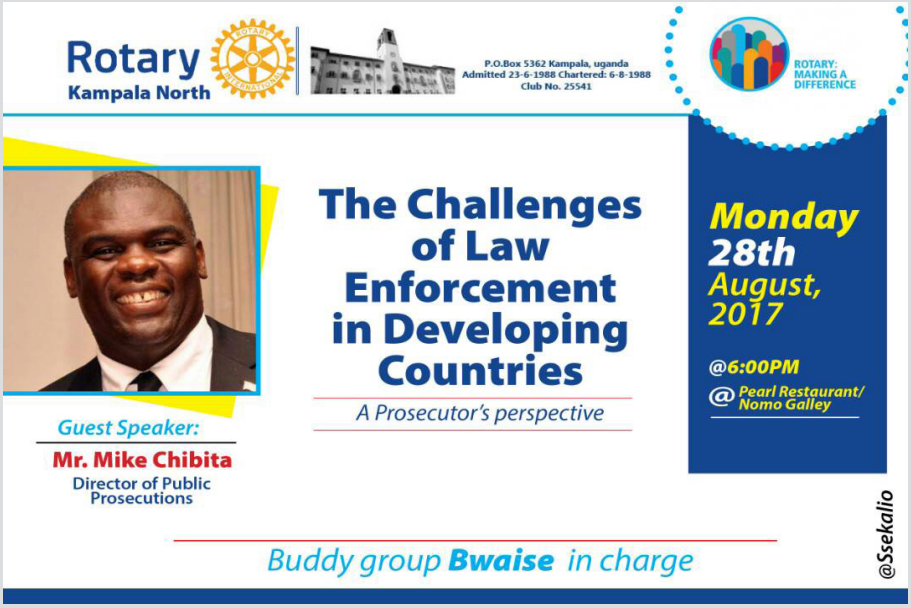
This monster CANCER is a non-communicable, degenerative disease and a growing health problem in Uganda. The common cancers in Uganda are; cervical cancer, prostate cancer, breast cancer, lung cancer, cancer of the colon and cancer of the blood. In Uganda, statistics indicate that people newly diagnosed with cancer are over 30,000 per year and about 200 people per 100,000 have cancer and this is on the increase. Despite this fact, you and I can do something to reduce the risk of suffering from cancer.

Research indicates that 70% of the known causes of cancer are avoidable and are related to life styles. For starters, we should try as much as possible to avoid smoking, keep our daily alcohol consumption low. Keeping our alcohol intake to the minimum level daily doesn't mean that we should save up all our drinks for a week and binge on Saturday night with our weekly 'allotment'. We should try and get screened for cancer regularly, take medications only after consulting a doctor, keep a physically active life style and watch our diet.

A stitch in time saves nine, so goes the adage. Why not try to reduce on the risk of having cancer by practicing the above?

All said and done, having to go to India and spend lots of money to be treated or diagnosed for cancer may soon be history. Thanks to the Rotary Fraternity and all the well-wishers for a spirited fight towards raising funds to serve Humanity!

Long Live Rotary; Making a difference.



Judge Mike Chibita was born on April 30, 1963 to Clement and Edisa Duallo of Buwesa village in Butaleja District in eastern Uganda. He is married to Monica Chibita and together they have five children. He began his education at Buwesa Primary School in Butaleja which he completed in 1978.

After excelling in his Primary Leaving Examinations, Mr. Chibita joined King's College Budo for his secondary education between 1979 and 1985. Upon completion of his secondary education, he joined Makerere University in 1988 and pursued a Bachelor's Degree in Law. Later, he joined the Law Development Centre for his post-graduate diploma in legal practice in 1989 before pursuing a Masters degree in Law from the University of Iowa in the United States.

In 1993, Justice Chibita began his work career as a lecturer of International Relations and African History in the North Western College, St Paul, MN in the US. A year later, he was recruited as a State attorney in the Attorney General's chambers, where he was also attached to the Constituent Assembly for election petitions purposes.

Between 1995 and 1996, he worked as personal/ legal assistant to the Attorney General and at the same time, attached to the Department of Litigation where he was actively involved in civil litigation.

President Museveni later appointed him as his Private Secretary in-charge of Legal Affairs for seven years. His major duties under this docket included handling all legal matters at State House and liaising with the Attorney General's chambers, Parliament and the courts.

During the same period, he also acted as the Principal Private Secretary to the President. The justice was also responsible for clearing all contracts from State House and ministry of Defence on behalf of the Attorney General.

He also served as the president of Advocates Africa, president of Scripture Union, president of Uganda Christian lawyers' fellowship and a board member of Strommer Microfinance.

The President appointed him a judge at the High Court in 2008 where he had been working until his appointment as the DPP. He loves playing football, rugby, tennis, swimming, writing and reading books during his leisure time.

Let's welcome our guest speaker as he gives us a prosecutor's perspective on "The challenges of law enforcement in developing countries"

Thanks To Past President Joseph Kasozi

Double thumbs up for past president Rotary club of Muyenga Rtn Joseph Kasozi for honouring our invite as a guest speaker on the 21st August 2017. Some of the memorable quotes that he shared with us as food for thought include:

"I always wondered why somebody doesn't do something about that; then I realized I was somebody" - Lily Tomlin

"The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime." – Babe Ruth

"To maintain a joyful family requires much from both the parents and the children. Each member of the family has to become in a special way the servant of the others." – Pope John Paul II

"Tell me and I forget, show me and I may not remember, involve me and I will understand." – Native American proverb

"Listening…is not waiting for your turn to speak." – Annett Simmons

"Volunteers don't necessarily have the time, they have the heart." – Elizabeth Andrew

Rotary Moment:

Will it be beneficial to all concerned?

This question eliminates the dog-eat –dog principle of ruthless competition and substitutes the idea of constructive and creative competition.

The four way test is international, transcending national boundaries and language barriers. It knows no politics, dogma or creed.

Our Birthday Babies Of The Week

Life should not only be lived, it should be celebrated! Happy birthday.

NAME	DATE
Andy Charles Droruga	29th August
Rtn Barbara Buwule	31st August

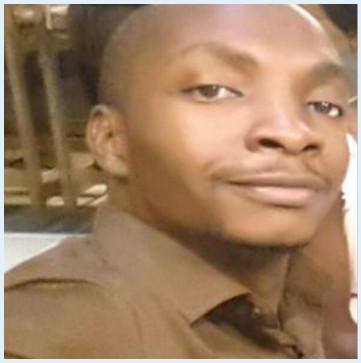
Happy anniversary to our beautiful couple! May the freshness of your love always remain.

NAME	DATE
Rtn Beatrice & Andy Edward Basaliza	28th August

Rtn Barbara Buwule

Andy Charles Droruga

MISSING IN ACTION



Name: Sam Mark Luswata

Buddy group: Katanga

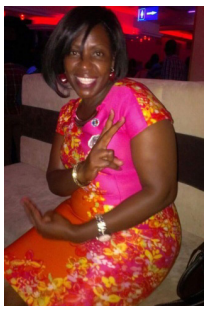
Last seen: Records still uploadng

Places suspected to be: In and around Kampala, Entebbe, Middle East or South Sudan

If anybody knows his whereabouts please inform buddy group Katanga before the government switches off unregistered simcards.

Found…Found…Found!

We are excited to inform you that we found all our missing members ever since we started running our 'MISSING IN ACTION' series in KNN.



L-R: Rtn Margret Njeri Nakanjako, Rtn Winston Agaba, Rtn Derek Kyambadde

The immediate past president Rotarian Margret Njeri Nakanjako is upbeat and ready to run the show thanks to the fitness freaks.

Rotarian Winston Agaba is more energized than Duracell batteries to get the public relations committee running at breakneck speed.

Rotarian Derek Kyambadde looks on form that his buddy group entrusted him with Mr. Bear. Let's toast to the return of our super members.

TOTS OF WISDOM

- Be not afraid of life. Believe that life is worth living and your belief will help create the fact.
- It's better to be hated for what you are than to be loved for what you are not. ……

DID YOU KNOW?

- There are more lifeworms living on your skin than there are people on the planet.
- In 1386 a pig in France was executed by public hanging for the murder of a child.

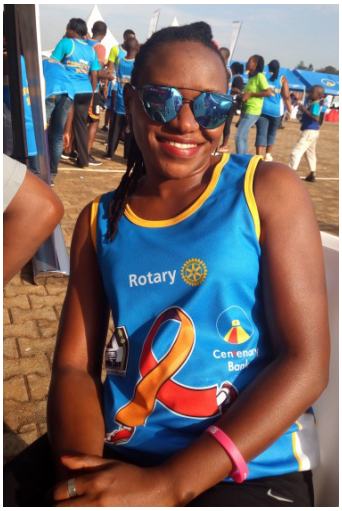
JUST ASKING:

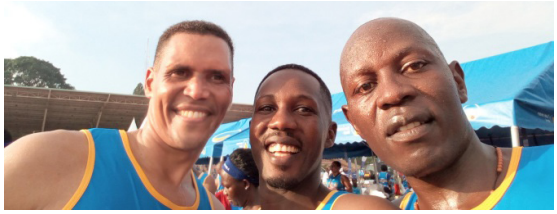
- How long is a piece of string?
- Why is it that rain drops but snow falls?

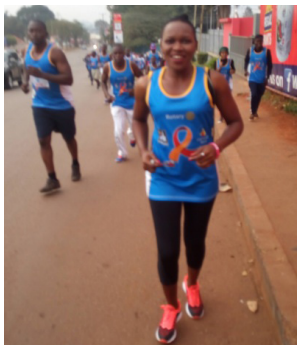
Rotary Cancer Run 2017 Attracts Thousands Of People

Thousands of people stormed Kololo airstrip to participate in the annual Rotary cancer run that attracted atleast 33 major towns in Uganda. The vice president H.E Edward Sekandi was the guest of honour. He applauded Rotary Uganda for supporting the government by addressing the cancer scourge that has claimed a lot of lives. He promised government support to end cancer in Uganda.

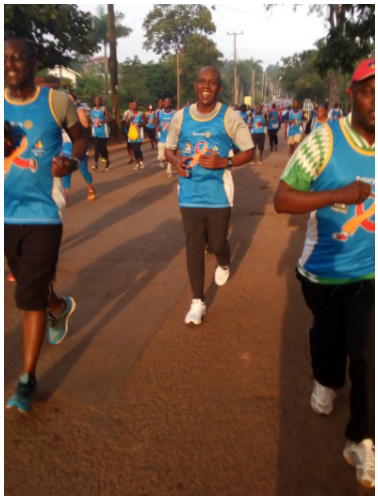
The District Governor Ken Mugisha called upon every Ugandan to support Mission Green campaign to conserve the environment. Proceeds go to the construction of a Bunker at Nsambya Hospital. RCKN was well presented in Kampala, Entebbe, Fortportal, Ntungamo, Apac, Gulu among others. We bring you a pictorial of what transpired.







Rotary Cancer Run 2017 Continued...



Home Visit Alert

Past President Rotarian Herbert Muhumuza paid a visit to RCKN prospective transferring Rotarian Phiona Atuheire. It's one of the requirements for a member in good standing to visit a prospective Rotarian before they are inducted or welcomed as a member of RCKN.

ANOUNCEMENTS:

- The singing and dancing competition rehearsals are ongoing at KinderKare Kindergarten, Bukoto, every Tuesday and Thursday, 6pm.